

Annual Report

Deaths of children
and young people
Queensland
2023–24

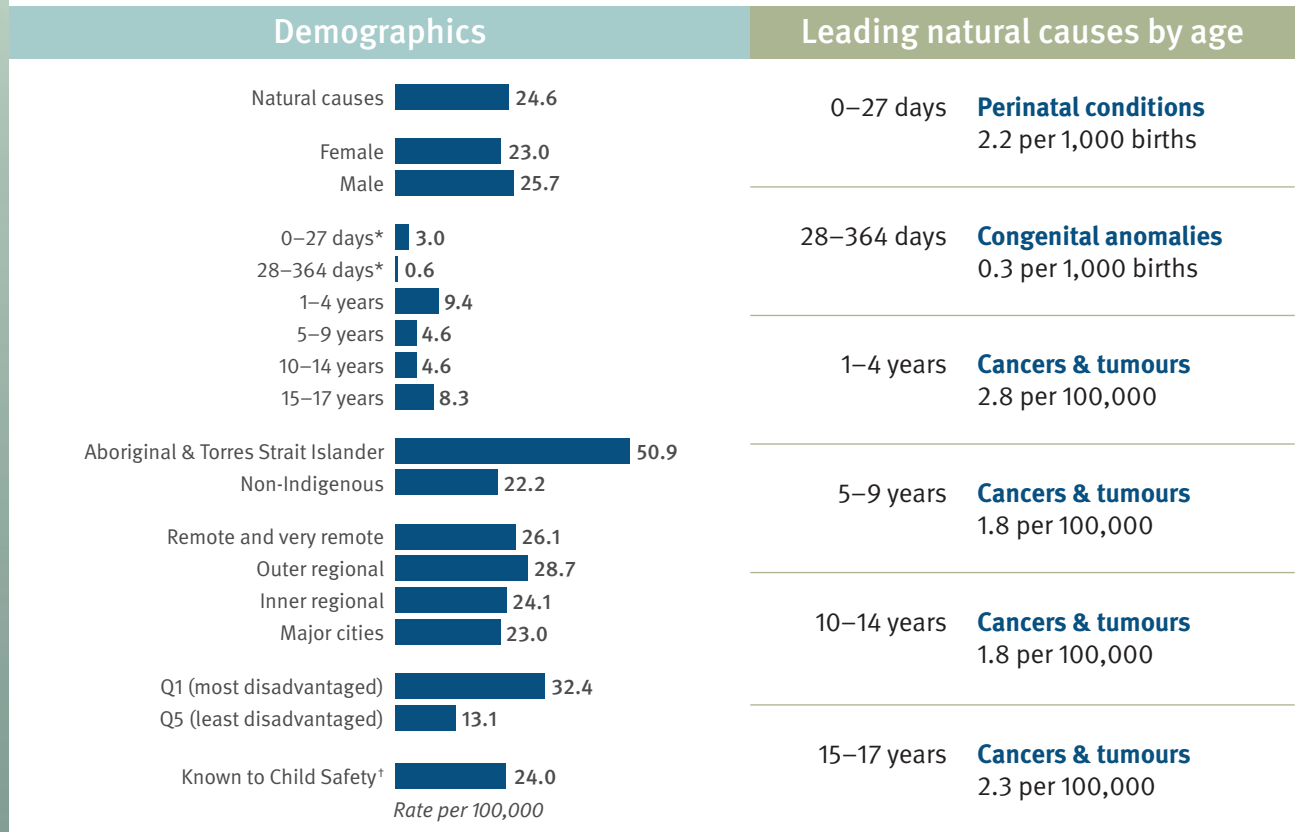
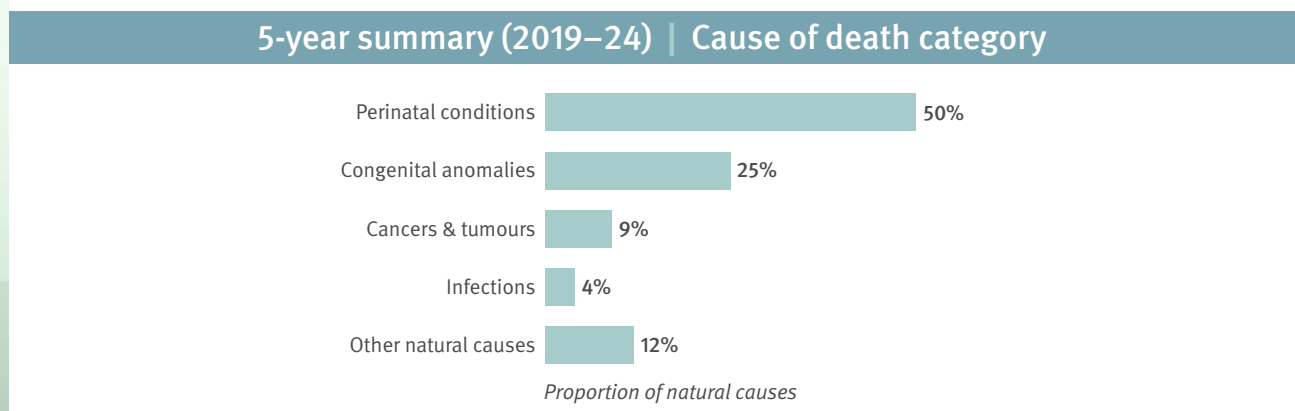
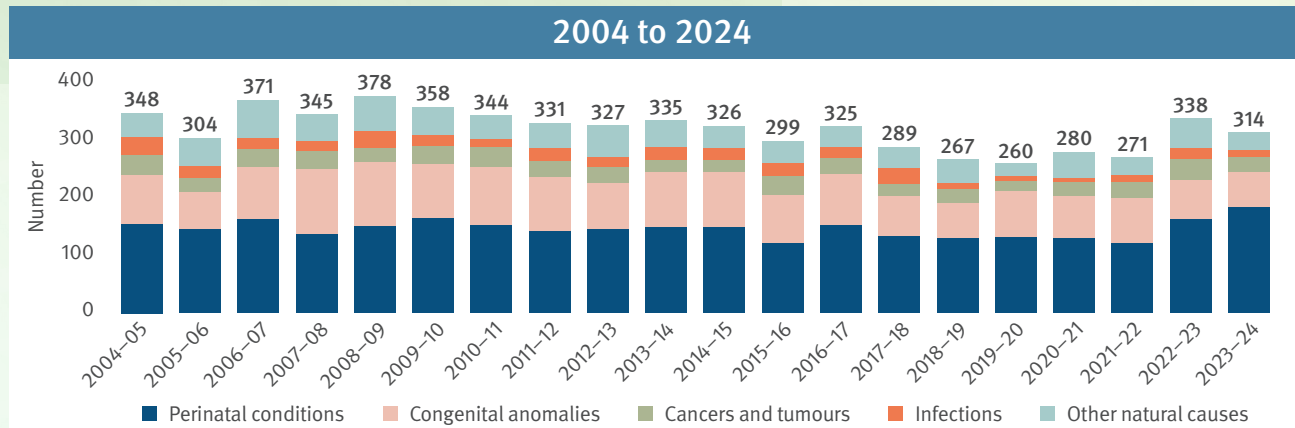


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2 Deaths from natural causes



Notes: Counting is by date of death registration. Percentages may not add to 100 due to rounding.
 * rate per 1,000 births.
 † in the 12 months prior to death.

Key findings

Classification of causes of death using ICD-10

The QFCC uses the *International statistical classification of diseases and related health problems*, tenth revision²¹ (ICD-10) to classify causes of death. The ICD-10 chapters and codes form the major groups and sub-groups of diseases and conditions in reporting on deaths from natural causes.

Overall, there has been a downward trend in the mortality rate for natural causes (diseases and morbid conditions),²² with the rate decreasing from 35.3 per 100,000 in 2004–09 to 24.6 per 100,000 in 2019–24 (a decrease of 2.0% per year on average).²³ The majority of child deaths each year are from natural causes. Natural causes have accounted for 71% of all child deaths over the past 5 years.

Perinatal conditions and congenital anomalies were the most common natural causes in 2023–24 (183 and 61 deaths respectively). Together, these causes accounted for 78% of all deaths from natural causes.

Appendix A, Table A.4 provides summary data and key characteristics for deaths from natural causes.

Recent increases in natural cause deaths

Although the broader trend in the natural cause mortality rate is decreasing, there have been higher natural cause deaths in the last 2 years with 338 in 2022–23 and 314 in 2023–24. In comparison, in the 5 years preceding the last 2, natural cause deaths were below 300 and ranged between 260 and 289.

The increased numbers are largely due to the increase in deaths from perinatal conditions, which increased from 121 in 2021–22 to 183 in 2023–24. Deaths from perinatal conditions, which predominantly occur in the neonatal period (0–27 days), are the largest contributor to child deaths. It is therefore understandable that the increases are reflected in the overall numbers.

Further analysis of the register found the increase in perinatal conditions in 2023–24 has primarily occurred across two underlying cause of death blocks: disorders related to short gestation and low birth weight, not elsewhere classified (P05–P08); and other conditions originating in the perinatal period (P90–P96).

The QFCC is currently working to understand the possible drivers of this increase.

Sex

In 2023–24, of the 314 child deaths from natural causes 168 were male while 138 were female (in addition there were 8 infants of indeterminate sex). Child mortality from natural causes is marginally higher for males than females. Over the last 5 years, the male mortality rate was 25.7 deaths per 100,000 male children compared to 23.0 deaths per 100,000 female children.

Age

Figure 2.1 illustrates the types of natural cause deaths for each age category in 2023–24. The following findings were evident:

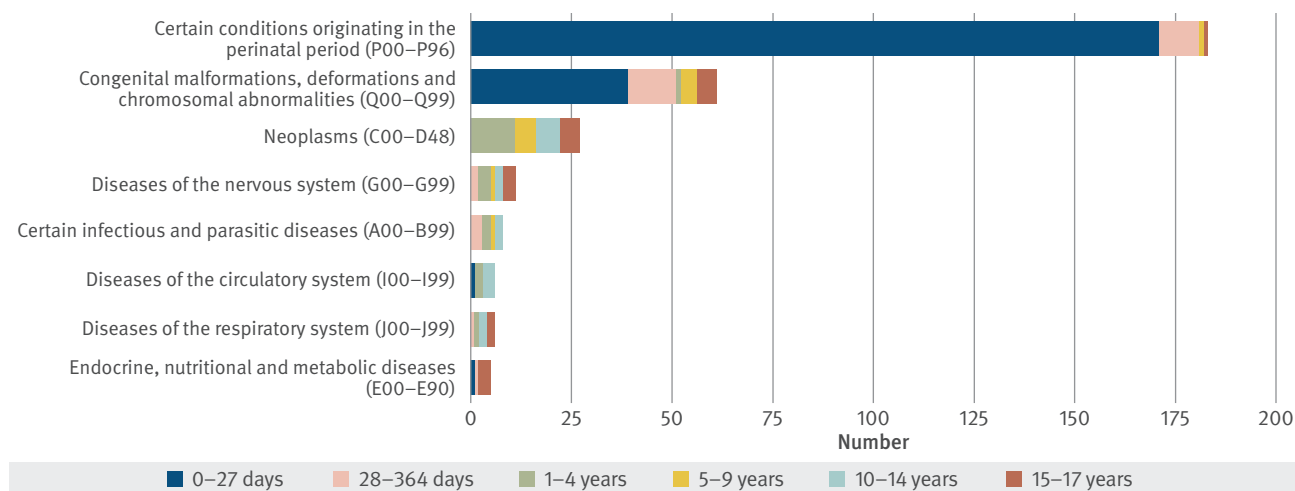
- Almost all natural causes of death for infants (under 1 year) were from perinatal conditions and congenital anomalies (96% of all natural causes within this age group).
- Neoplasms (cancers and tumours) was the primary natural cause for children aged 1–17 years.

21 www.who.int/standards/classifications/classification-of-diseases

22 Deaths are reported as explained diseases and morbid conditions only. Deaths from unexplained causes are included in Chapter 8.

23 Tables with data for 2004–24 are available online at www.qfcc.qld.gov.au/sector/child-death/child-death-reports-and-data

Figure 2.1: Deaths from natural causes by ICD-10 chapter and age (number), 2023–24



Notes: Excludes causes where the total number of deaths was less than 4.

Neonatal and post-neonatal infants

Most child deaths from natural causes occur in the first year, predominantly within the first days and weeks of life. Table 2.1 shows the age and causes of infant deaths in major groups in the last 5 years, across the neonatal and post-neonatal periods.

Neonatal period (0–27 days)

Neonatal deaths are those occurring in the first 28 days after birth (0–27 days). Of the 1,107 infant deaths due to natural causes in the last 5 years, 83% occurred in the neonatal period. Of the 924 neonatal deaths, 64% (588) occurred on the day of birth and a further 18% (170) had occurred by the end of the first week.

The 2 leading causes—perinatal conditions (667 deaths) and congenital anomalies (233 deaths)—represent 97% of the neonatal deaths from natural causes.

Post-neonatal period (28–364 days)

Post-neonatal deaths occur during the remainder of the first year (28–364 days). During the last 5 years, there were 183 deaths from natural causes during the post-neonatal period. The leading cause of death from natural causes in the post-neonatal period was congenital anomalies (81 deaths or 44%).²⁴

²⁴ The leading overall cause of death in the post-neonatal period was SIDS and undetermined causes, see Table 1.1.

Table 2.1: Age and cause of infant deaths from natural causes (number), 2019–20 to 2023–24

Age		Cause of death			Total
		Perinatal conditions (P00–P96)	Congenital anomalies (Q00–Q99)	Other diseases and morbid conditions ^a	
Neonatal (age in days)	<1	430	153	5	588
	1–6	126	41	3	170
	7–27	111	39	16	166
Neonatal total		667	233	24	924
Post-neonatal (age in months)	1*	31	25	10	66
	2	9	17	9	35
	3	1	7	5	13
	4	2	10	2	14
	5	4	4	4	12
	6	2	7	7	16
	7	0	4	3	7
	8	0	3	1	4
	9	1	1	5	7
	10	1	2	2	5
	11	2	1	1	4
Post-neonatal total		53	81	49	183
Total infants		720	314	73	1,107

* 28 days to <2 months.

^a Includes certain infectious and parasitic diseases (A00–B99); neoplasms (C00–D48); diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism (D50–D89); endocrine, nutritional and metabolic diseases (E00–E90); diseases of the nervous system (G00–G99); diseases of the circulatory system (I00–I99); diseases of the digestive system (K00–K93); diseases of the respiratory system (J00–J99); diseases of the musculoskeletal system and connective tissue (M00–M99); diseases of the genitourinary system (N00–N99); symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified (R00–R99); codes for special purposes (U00–U49).

Major causes

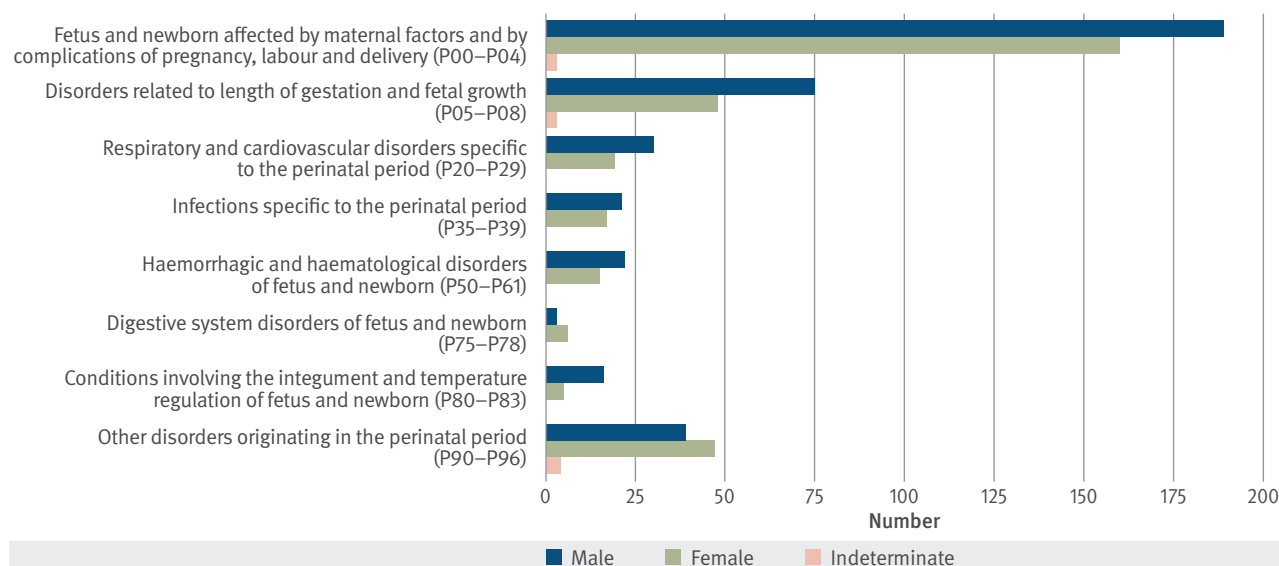
Perinatal conditions

Perinatal conditions are diseases and conditions which originate during pregnancy or the neonatal period (first 28 days of life), even though death or morbidity may occur later. Perinatal conditions include maternal conditions which affect the newborn, such as complications of labour and delivery, disorders relating to fetal growth, length of gestation and birth weight, as well as disorders specific to the perinatal period such as respiratory and cardiovascular disorders, infections, and endocrine and metabolic disorders.

During 2023–24, there were 183 child deaths from perinatal conditions, at a mortality rate of 12.2 deaths per 100,000 children aged 0–17 years (5-year average). Perinatal conditions was the leading cause of death for infants (under 1 year).

As shown in Figure 2.2, over the past 5 years the majority of deaths due to perinatal conditions resulted from the fetus and/or newborn being affected by maternal factors or complications of pregnancy, labour and delivery (48%, 352 deaths), followed by disorders related to the length of gestation and fetal growth (17%, 126 deaths). Together, these causes accounted for 66% of all deaths due to perinatal conditions (478 of 728 deaths).²⁵

Figure 2.2: Deaths due to perinatal conditions by sex (number), 2019–20 to 2023–24



Notes: Excludes causes where the total number of deaths was less than 4.

Congenital anomalies

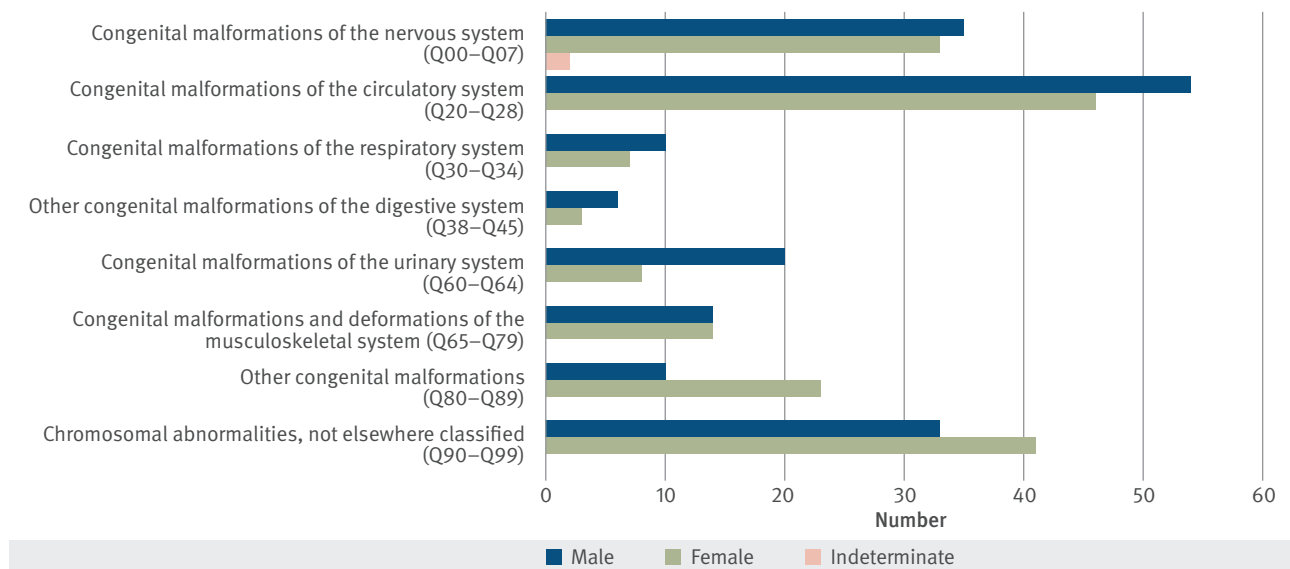
Congenital anomalies are mental and physical conditions present at birth which are either hereditary or caused by environmental factors.²⁶

During 2023–24, there were 61 child deaths from congenital anomalies, at a 5-year average rate of 6.1 deaths per 100,000 children aged 0–17 years.

As shown in Figure 2.3, over the last 5 years the leading causes of death due to congenital anomalies were malformations of the circulatory system (27%, 101 deaths) and congenital malformations of the nervous system (19%, 68 deaths).

²⁵ Noting a small number of deaths from perinatal conditions occur in children aged 1 year and over.

²⁶ ICD-10 Chapter XVII, Congenital malformations, deformations and chromosomal abnormalities.

Figure 2.3: Deaths due to congenital anomalies by sex (number), 2019–20 to 2023–24

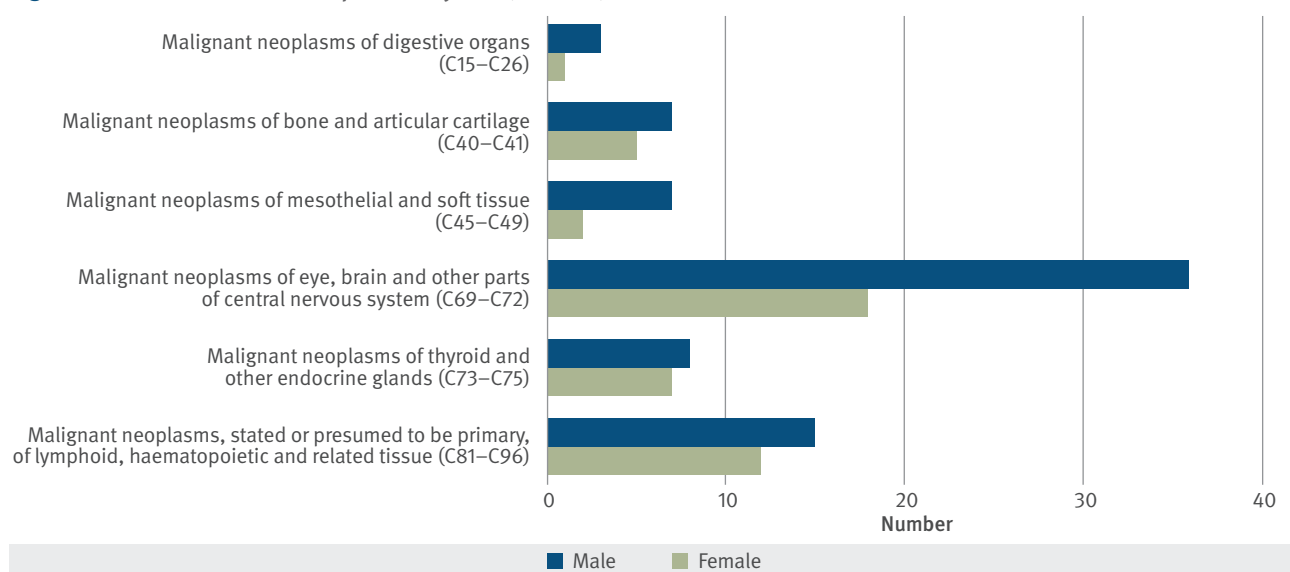
Notes: Excludes causes where the total number of deaths was less than 4.

Neoplasms (cancers and tumours)

The term ‘neoplasm’ is often used interchangeably with the words ‘tumour’ and ‘cancer’.²⁷

Twenty-seven children and young people died from neoplasms in 2023–24, at a 5-year average rate of 2.2 deaths per 100,000 children aged 0–17 years. As noted in Chapter 1, neoplasms were the leading cause of death (all causes) for ages 1–9 years, and the leading natural cause of death for ages 10–17 years.

Over the last 5 years, 131 children lost their lives to cancers and tumours. As illustrated in Figure 2.4, the most common types were malignant neoplasms of eye, brain and other parts of central nervous system (54 deaths or 41%), followed by malignant neoplasms, stated or presumed to be primary, of lymphoid, haematopoietic and related tissue (27 deaths or 21%).

Figure 2.4: Deaths due to neoplasms by sex (number), 2019–20 to 2023–24

Notes: Excludes causes where the total number of deaths was less than 4.

²⁷ ICD-10 Chapter II, Neoplasms.

Infections

‘Infections’ is a hybrid category composed of certain infections and parasitic diseases, diseases of the nervous system and diseases of the respiratory system.²⁸

Thirteen children died from infections in 2023–24. Over the last 5 years, 62 children and young people died from infections. The highest number of infections were caused by Other bacterial diseases²⁹ (17 deaths or 27%), including sepsis (14 deaths), meningococcal infection (2 deaths) and unspecified bacterial (1 death), followed by Influenza and pneumonia (14 deaths or 23%).³⁰

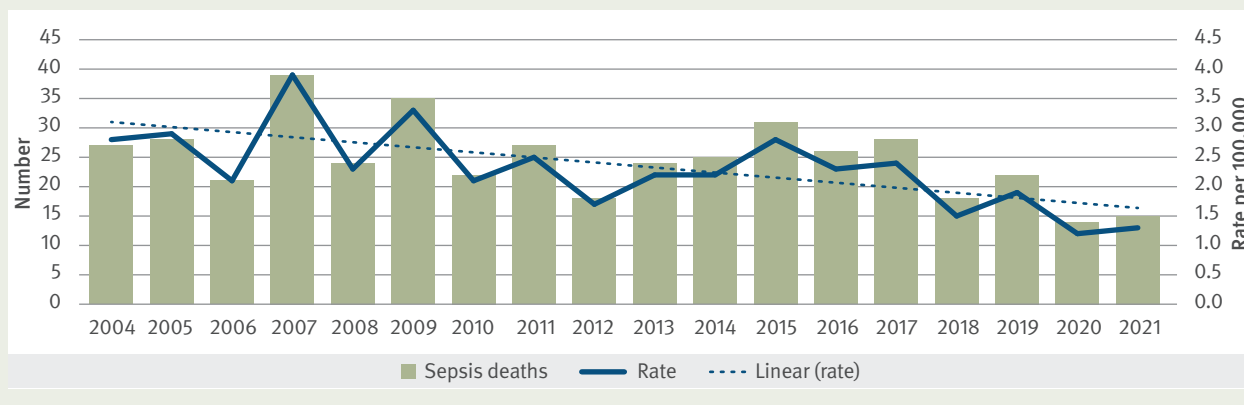
Queensland paediatric sepsis mortality study

Sepsis—a life threatening condition that occurs when the body’s response to an infection damages the organs and tissues—is a significant cause of preventable childhood mortality worldwide. In February 2024 the QFCC in partnership with the Queensland Paediatric Sepsis Program released a report detailing the findings of the Queensland paediatric sepsis mortality study which addressed the incidence of, and factors associated with, sepsis-related child deaths, Queensland 2004–2021.³¹

The overarching aim of the study was to identify and describe the incidence of deaths due to sepsis in children aged less than 18 years in Queensland. As sepsis-related deaths may not be readily apparent in cause of death information, a methodology was developed to identify relevant deaths from ICD-10 mortality and morbidity codes, based on the internationally accepted approach which has been in use since the early 2000s.

Findings show that between 1 January 2004 and 31 December 2021, there were 444 sepsis-related deaths of infants and children in Queensland, a rate of 2.3 deaths per 100,000 children and young people.³² Encouragingly, as shown in Figure 2.5, rates for sepsis-related deaths declined significantly across the study period. Sepsis deaths were highest among infants and pre-school-aged children, with primary-school aged children (5–11 years) having the lowest rates of death. Aboriginal and Torres Strait Islander children, children living in remote and very remote areas and children living in areas with socio-economic disadvantage were also over-represented.

Figure 2.5: Child deaths due to paediatric sepsis (number and rate), 2004 to 2021



28 ICD-10 references: Chapter I, Certain infectious and parasitic diseases; Chapter VI, Diseases of the nervous system, codes G00–G09 only; Chapter X, Diseases of the respiratory system, codes J00–J22 only, Chapter XXII, Codes for special purposes, COVID 19 codes U07.1–U07.2 only.

29 ICD-10 Chapter 1, Certain infectious and parasitic diseases, Other bacterial diseases (A30–A49).

30 ICD-10 Chapter X, Diseases of the respiratory system, Influenza and pneumonia (J09–J18).

31 Available at www.qfcc.qld.gov.au/sites/default/files/2024-03/Paediatric%20Sepsis%20Mortality%20Study.pdf

32 The study focussed on paediatric sepsis, a term used for sepsis-related deaths of infants and children who have been discharged from hospital following birth; paediatric sepsis may develop in the community or be acquired during a subsequent hospital admission.

Deaths from notifiable conditions

There are national and local public health legislation requirements for health practitioners and laboratories to notify public health authorities of certain diseases in Australia.³³ Key factors considered when deciding if a condition should be notifiable include the overall impact of the disease on morbidity and mortality, potential for control, demonstrated public health concern and the availability of control measures. Notification allows authorities to detect outbreaks early and take rapid public health action, if necessary, and to plan and monitor these efforts. It also provides information on the occurrence of disease.

Thirty-four children and young people died from a notifiable condition over the latest 5-year period as shown in Table 2.2. Twenty-four (71%) of the 34 deaths due to notifiable conditions were the result of potentially vaccine-preventable conditions, with the most common of these being invasive pneumococcal disease.^{34,35}

COVID-19 was added to Queensland's Schedule of Notifiable Conditions in the *Public Health Regulation 2018* in January 2020. There were 5 child deaths due to coronavirus (COVID-19) during the 5-year reporting period.³⁶

Table 2.2: Deaths with notifiable conditions as underlying cause (number), 2019–20 to 2023–24

Notifiable condition	Total
Pneumococcal disease (invasive)^	11
Invasive group A streptococcal infection	8
Influenza^	6
Coronavirus (COVID-19)*	5
Meningococcal disease (invasive)^	2
Rheumatic heart disease	1
Respiratory syncytial virus	1
Total	34

^ Potentially vaccine-preventable condition. Vaccines are available for selected strains of meningococcal, seasonal influenza and selected serotypes of pneumococcal disease. Serotyping information in relation to influenza, meningococcal and pneumococcal-related deaths is not available to the QFCC, and so deaths are reported as being potentially vaccine-preventable only.

* Vaccines became available for coronavirus (COVID-19) for children during 2022.

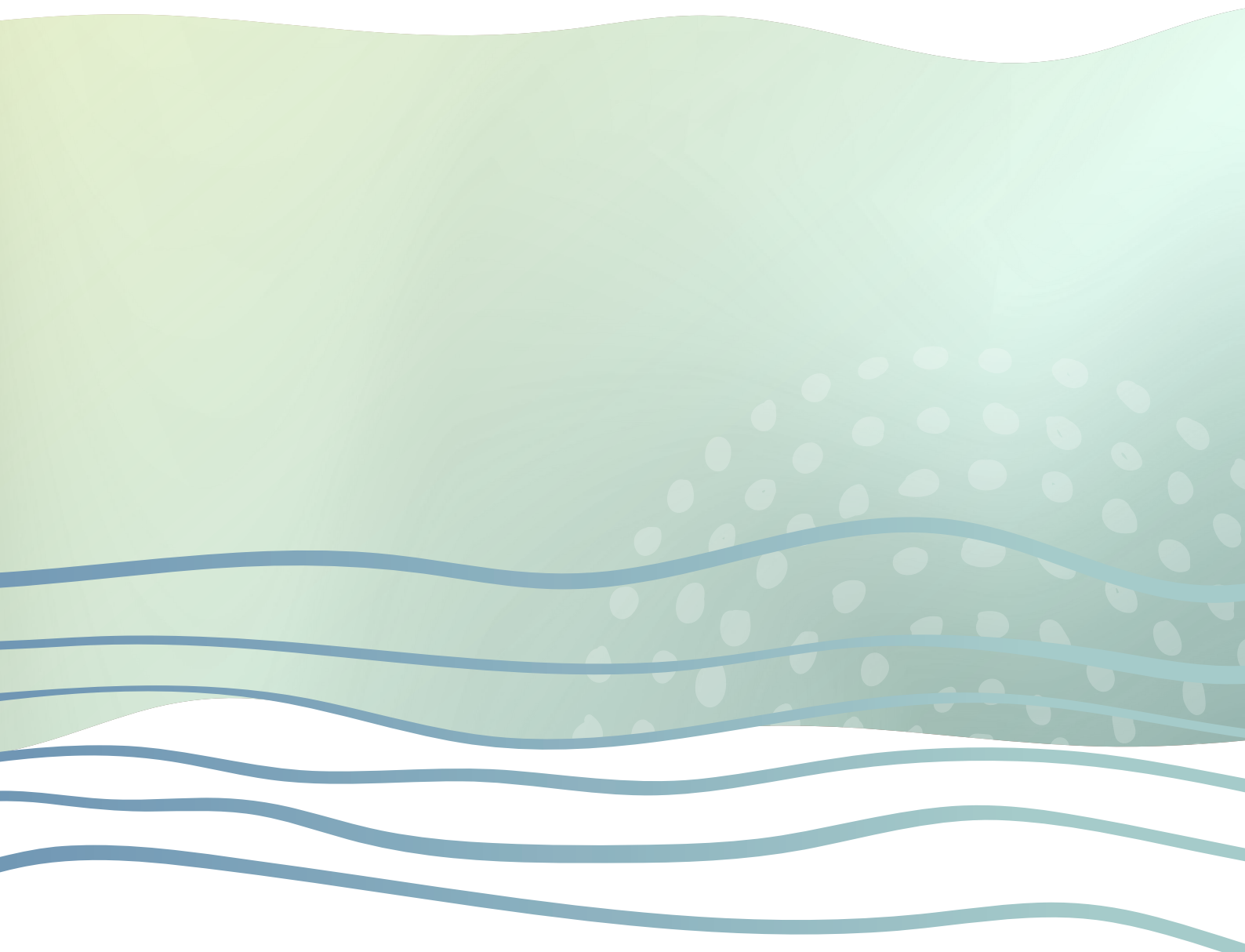
Notes: The child deaths with notifiable conditions in this report may differ from communicable disease reports which use date of notification or date of onset of disease to define the reporting period. The deaths reported by QFCC use date of death registration to define the reporting period, which may occur sometime after the notification of disease.

33 The Queensland Health list of notifiable conditions can be found at www.health.qld.gov.au/clinical-practice/guidelines-procedures/diseases-infection/notifiable-conditions/list

34 In Australia, publicly funded immunisation programs are administered by state and territory governments. The current National Immunisation Program Schedule (valid from April 2019) includes vaccinations against the following diseases: hepatitis B, diphtheria, tetanus, pertussis (whooping cough), poliomyelitis, Haemophilus influenzae type b (Hib), pneumococcal disease, rotavirus, measles, mumps, rubella, meningococcal ACWY disease, varicella (chicken pox), influenza and human papillomavirus (HPV).

35 Vaccines are available for only selected strains of influenza, meningococcal disease and pneumococcal disease.

36 Information in this report on child deaths with notifiable diseases, including COVID-19, may differ from official reporting by Queensland Health due to different methodology. Further information about the QFCC's methodology can be found in the Methodology in **Appendix B** (available at www.qfcc.qld.gov.au/sector/child-death/child-death-reports-and-data).



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